

# ACCOUNTABILITY MODEL OF COURAGE

**FACE:** CHALLENGE THE ONE CAUSING HARM WITH AN UNWAVERING DISPOSITION

*Only Take Action if You First Gain the Victim's Permission*

**RESOURCE:** BE AN ACCOUNTABILITY PARTNER

*Become an Accountability Partner Who Holds the Abuser Accountable and Responsible*

**REQUIRE:** CLARIFY RELATIONSHIP EXPECTATIONS

*Command Cooperation, Accountability, and Responsibility While Upholding the Victim's Position*

**CONFRONT:** FACING OUTCOMES

*Respond to Abusive Behaviors with Thorough Consequences without Lowering the Bar*

**OWN:** TAKING RESPONSIBILITY

*Ensure a Meaningful Apology Happens with Reparations Commensurate with the Harm Caused*

**EDUCATE:** USE YOUR INFLUENCE

*Use Your Influence to Confront Destructive Beliefs and Explain the Pillars of Abuse*

**DETERMINE:** MATCHING WORDS & ACTIONS

*Hold the Abuser to Fulfill Exactly What They Agreed to and Respect Boundaries*